



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Jabin, Steffen

Club: LC Erfurt
Number: 26

Course: 18.50 km
Lange Strecke

Category:
Männer M20

Total time: 1:07:41

Speed: 16.40 km/h
Running performance: 3:40 min/km

Rank in course/Total: 5 (of 126)

Rank in course/Men: 5 (of 109)

Best time in course: 1:04:23

Rank in category: 4(of 27)

Best time in the category: 1:04:23