



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Schadwinkel, Wolfgang

Club: GMRV Langewiesen
Number: 282

Course: 9.30 km
Kurze Strecke

Category:
Männer M65

Total time: 1:07:59

Speed: 7.94 km/h
Running performance: 7:19 min/km

Rank in course/Total: 186 (of 190)

Rank in course/Men: 136 (of 137)

Best time in course: 30:56

Rank in category: 8(of 8)

Best time in the category: 45:12