



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Hausmann, Frank

Club: MSTC Gembdental  
Number: 121

Course: 18.50 km  
Lange Strecke

Category:  
Männer M30

Total time: 1:11:45

Speed: 15.05 km/h  
Running performance: 3:53 min/km

Rank in course/Total: 9 (of 126)

Rank in course/Men: 9 (of 109)

Best time in course: 1:04:23

Rank in category: 2(of 18)

Best time in the category: 1:08:26