



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Sachs, Michel

Club: Rennsteiglaufverein
Number: 61

Course: 18.50 km
Lange Strecke

Category:
Männer M20

Total time: 1:11:51

Speed: 15.03 km/h
Running performance: 3:53 min/km

Rank in course/Total: 10 (of 126)

Rank in course/Men: 10 (of 109)

Best time in course: 1:04:23

Rank in category: 7(of 27)

Best time in the category: 1:04:23