



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Weinert, Stefan

Club: Rennsteiglaufverein  
Number: 100

Course: 18.50 km  
Lange Strecke

Category:  
Männer M30

Total time: 1:12:21

Speed: 14.93 km/h  
Running performance: 3:55 min/km

Rank in course/Total: 11 (of 126)

Rank in course/Men: 11 (of 109)

Best time in course: 1:04:23

Rank in category: 3(of 18)

Best time in the category: 1:08:26