



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Günkel, Hannes

Club: SWV Goldlauter  
Number: 18

Course: 18.50 km  
Lange Strecke

Category:  
Männer M20

Total time: 1:16:55

Speed: 14.04 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 19 (of 126)

Rank in course/Men: 18 (of 109)

Best time in course: 1:04:23

Rank in category: 10(of 27)

Best time in the category: 1:04:23