



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Götz, Christoph

Club: Team EPO

Number: 118

Course: 18.50 km

Lange Strecke

Category:

Männer M20

Total time: 1:17:03

Speed: 14.02 km/h

Running performance: 4:10 min/km

Rank in course/Total: 20 (of 126)

Rank in course/Men: 19 (of 109)

Best time in course: 1:04:23

Rank in category: 11(of 27)

Best time in the category: 1:04:23