



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Kowalsky, Tim

Club: TSV Plaue

Number: 125

Course: 18.50 km

Lange Strecke

Category:

Männer M20

Total time: 1:18:36

Speed: 13.74 km/h

Running performance: 4:15 min/km

Rank in course/Total: 24 (of 126)

Rank in course/Men: 23 (of 109)

Best time in course: 1:04:23

Rank in category: 12(of 27)

Best time in the category: 1:04:23