



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Seemann, Sabine

Club: Fit & Run
Number: 515

Course: 9.30 km
Nordic Walking

Total time: 1:14:45

Speed: 7.22 km/h

metres in height up: 158
Course score: 11.37

performance score: 87 Points