



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Zobirei, Jörg

Club: SWV Goldlauter  
Number: 349

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M30

Total time: 39:30

Speed: 13.67 km/h  
Running performance: 4:15 min/km

Rank in course/Total: 22 (of 190)

Rank in course/Men: 21 (of 137)

Best time in course: 30:56

Rank in category: 4(of 9)

Best time in the category: 35:30