



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

**Protze, Nancy**

Club: Frauenwald  
Number: 271

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W30

Total time: 1:19:56

Speed: 6.98 km/h  
Running performance: 8:35 min/km

Rank in course/Total: 189 (of 190)

Rank in course/Women: 53 (of 53)

Best time in course: 35:52

Rank in category: 4(of 4)

Best time in the category: 52:16