



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Schulze, Roman

Club: Arnstadt  
Number: 69

Course: 18.50 km  
Lange Strecke

Category:  
Männer M30

Total time: 1:20:43

Speed: 13.38 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 29 (of 126)

Rank in course/Men: 28 (of 109)

Best time in course: 1:04:23

Rank in category: 6(of 18)

Best time in the category: 1:08:26