



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Schmidt, Jan

Club: TC-Suhl

Number: 177

Course: 18.50 km

Lange Strecke

Category:

Männer M35

Total time: 1:25:33

Speed: 12.62 km/h

Running performance: 4:37 min/km

Rank in course/Total: 42 (of 126)

Rank in course/Men: 40 (of 109)

Best time in course: 1:04:23

Rank in category: 4(of 12)

Best time in the category: 1:07:38