



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt

Number: 1

Course: 18.50 km

Lange Strecke

Category:

Männer M45

Total time: 1:25:40

Speed: 12.61 km/h

Running performance: 4:38 min/km

Rank in course/Total: 43 (of 126)

Rank in course/Men: 41 (of 109)

Best time in course: 1:04:23

Rank in category: 6(of 16)

Best time in the category: 1:16:26