



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Kneise, Wolfram

Club: Kathol. Laufjugend Arnstadt
Number: 180

Course: 18.50 km
Lange Strecke

Category:
Männer M20

Total time: 1:25:46

Speed: 12.94 km/h
Running performance: 4:38 min/km

Rank in course/Total: 45 (of 126)

Rank in course/Men: 43 (of 109)

Best time in course: 1:04:23

Rank in category: 16(of 27)

Best time in the category: 1:04:23