



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Dörfler, Christian

Club: Erfurt

Number: 9

Course: 18.50 km

Lange Strecke

Category:

Männer M30

Total time: 1:30:21

Speed: 11.95 km/h

Running performance: 4:53 min/km

Rank in course/Total: 58 (of 126)

Rank in course/Men: 55 (of 109)

Best time in course: 1:04:23

Rank in category: 10(of 18)

Best time in the category: 1:08:26