



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Hahnemann, Norbert

Club: SG Motor Arnstadt
Number: 19

Course: 18.50 km
Lange Strecke

Category:
Männer M50

Total time: 1:32:18

Speed: 11.70 km/h
Running performance: 4:59 min/km

Rank in course/Total: 65 (of 126)

Rank in course/Men: 61 (of 109)

Best time in course: 1:04:23

Rank in category: 6(of 11)

Best time in the category: 1:17:26