



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Bräunlein, Jochen

Club: Pleinfeld

Number: 6

Course: 18.50 km

Lange Strecke

Category:

Männer M30

Total time: 1:32:26

Speed: 11.68 km/h

Running performance: 5:00 min/km

Rank in course/Total: 68 (of 126)

Rank in course/Men: 64 (of 109)

Best time in course: 1:04:23

Rank in category: 13(of 18)

Best time in the category: 1:08:26