



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Tigges, Thomas

Club: Ilmenau  
Number: 73

Course: 18.50 km  
Lange Strecke

Category:  
Männer M20

Total time: 1:33:33

Speed: 11.54 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 75 (of 126)

Rank in course/Men: 71 (of 109)

Best time in course: 1:04:23

Rank in category: 18(of 27)

Best time in the category: 1:04:23