



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Berwing, Dieter

Club: SV TU Ilmenau
Number: 499

Course: 18.50 km
Lange Strecke

Category:
Männer M45

Total time: 1:34:47

Speed: 11.39 km/h
Running performance: 5:07 min/km

Rank in course/Total: 83 (of 126)

Rank in course/Men: 78 (of 109)

Best time in course: 1:04:23

Rank in category: 11(of 16)

Best time in the category: 1:16:26