



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Keß, Siegfried

Club: TSV Rannungen

Number: 93

Course: 18.50 km

Lange Strecke

Category:

Männer M65

Total time: 1:36:12

Speed: 11.23 km/h

Running performance: 5:12 min/km

Rank in course/Total: 88 (of 126)

Rank in course/Men: 82 (of 109)

Best time in course: 1:04:23

Rank in category: 1(of 1)

Best time in the category: 1:36:12