



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Prescher, Frank

Club: USV Erfurt e.V.

Number: 56

Course: 18.50 km

Lange Strecke

Category:

Männer M30

Total time: 1:36:56

Speed: 11.14 km/h

Running performance: 5:14 min/km

Rank in course/Total: 91 (of 126)

Rank in course/Men: 85 (of 109)

Best time in course: 1:04:23

Rank in category: 15(of 18)

Best time in the category: 1:08:26