



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Keil, Harald

Club: Plaue  
Number: 32

Course: 18.50 km  
Lange Strecke

Category:  
Männer M45

Total time: 1:38:32

Speed: 10.96 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 94 (of 126)

Rank in course/Men: 87 (of 109)

Best time in course: 1:04:23

Rank in category: 12(of 16)

Best time in the category: 1:16:26