



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Beckmann, Rainer

Club: LSV Lok Arnstadt
Number: 203

Course: 9.30 km
Kurze Strecke

Category:
Männer M20

Total time: 40:56

Speed: 13.19 km/h
Running performance: 4:24 min/km

Rank in course/Total: 31 (of 190)

Rank in course/Men: 30 (of 137)

Best time in course: 30:56

Rank in category: 8(of 20)

Best time in the category: 30:56