



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Bock, Thomas

Club: Plaue

Number: 5

Course: 18.50 km

Lange Strecke

Category:

Männer M50

Total time: 1:53:45

Speed: 9.76 km/h

Running performance: 6:09 min/km

Rank in course/Total: 114 (of 126)

Rank in course/Men: 104 (of 109)

Best time in course: 1:04:23

Rank in category: 10(of 11)

Best time in the category: 1:17:26