



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Riege, Alexander

Club: Unterpörlitz

Number: 59

Course: 18.50 km

Lange Strecke

Category:

Männer M30

Total time: 1:57:29

Speed: 9.19 km/h

Running performance: 6:21 min/km

Rank in course/Total: 121 (of 126)

Rank in course/Men: 107 (of 109)

Best time in course: 1:04:23

Rank in category: 18(of 18)

Best time in the category: 1:08:26