



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Lindemann, Uwe

Club: Neuhaus/Rwg

Number: 46

Course: 18.50 km

Lange Strecke

Category:

Männer M45

Total time: 1:59:42

Speed: 9.02 km/h

Running performance: 6:28 min/km

Rank in course/Total: 122 (of 126)

Rank in course/Men: 108 (of 109)

Best time in course: 1:04:23

Rank in category: 16(of 16)

Best time in the category: 1:16:26