



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Bock, Kerstin

Club: Plaue

Number: 4

Course: 18.50 km

Lange Strecke

Category:

Frauen W50

Total time: 2:09:31

Speed: 8.34 km/h

Running performance: 7:00 min/km

Rank in course/Total: 124 (of 126)

Rank in course/Women: 16 (of 17)

Best time in course: 1:14:05

Rank in category: 1(of 1)

Best time in the category: 2:09:31