



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Kretzschmar, Manfred

Club: Ichtshausen

Number: 251

Course: 9.30 km

Kurze Strecke

Category:

Männer M55

Total time: 41:17

Speed: 13.08 km/h

Running performance: 4:26 min/km

Rank in course/Total: 34 (of 190)

Rank in course/Men: 33 (of 137)

Best time in course: 30:56

Rank in category: 3(of 16)

Best time in the category: 33:59