



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

**Krause, Romana**

Club: Sportteam Steinbach  
Number: 320

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W45

Total time: 41:20

Speed: 13.06 km/h  
Running performance: 4:26 min/km

Rank in course/Total: 35 (of 190)

Rank in course/Women: 2 (of 53)

Best time in course: 35:52

Rank in category: 1(of 6)

Best time in the category: 41:20