



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

**Clauder, Marcus**

Club: WSV Schmiedefeld  
Number: 210

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M20

Total time: 43:11

Speed: 12.50 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 41 (of 190)

Rank in course/Men: 39 (of 137)

Best time in course: 30:56

Rank in category: 10(of 20)

Best time in the category: 30:56