



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Wächter, Hartmut

Club: LSV Lok Arnstadt  
Number: 307

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M55

Total time: 43:52

Speed: 12.31 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 47 (of 190)

Rank in course/Men: 44 (of 137)

Best time in course: 30:56

Rank in category: 4(of 16)

Best time in the category: 33:59