



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Lars, Röttig

Club: SV Frankenhain  
Number: 325

Course: 9.30 km  
Kurze Strecke

Category:  
männliche Jugend B

Total time: 44:26

Speed: 12.15 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 50 (of 190)

Rank in course/Men: 47 (of 137)

Best time in course: 30:56

Rank in category: 2(of 5)

Best time in the category: 36:54