



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Dr. Schneider, Jürgen

Club: Schmiedefeld

Number: 315

Course: 9.30 km

Kurze Strecke

Category:

Männer M55

Total time: 44:41

Speed: 12.09 km/h

Running performance: 4:48 min/km

Rank in course/Total: 54 (of 190)

Rank in course/Men: 50 (of 137)

Best time in course: 30:56

Rank in category: 5(of 16)

Best time in the category: 33:59