



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

**Keppler, Bernd**

Club: Team 1434

Number: 443

Course: 9.30 km

Kurze Strecke

Category:

Männer M55

Total time: 44:51

Speed: 12.04 km/h

Running performance: 4:49 min/km

Rank in course/Total: 56 (of 190)

Rank in course/Men: 52 (of 137)

Best time in course: 30:56

Rank in category: 7(of 16)

Best time in the category: 33:59