



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Koch, Dominik

Club: SV Mihla
Number: 445

Course: 9.30 km
Kurze Strecke

Category:
Männer M35

Total time: 34:14

Speed: 15.77 km/h
Running performance: 3:41 min/km

Rank in course/Total: 6 (of 190)

Rank in course/Men: 6 (of 137)

Best time in course: 30:56

Rank in category: 1(of 12)

Best time in the category: 34:14