



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Hartl, Detlef

Club: TSV Heyda  
Number: 334

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M40

Total time: 45:36

Speed: 11.84 km/h  
Running performance: 4:54 min/km

Rank in course/Total: 65 (of 190)

Rank in course/Men: 58 (of 137)

Best time in course: 30:56

Rank in category: 9(of 24)

Best time in the category: 33:07