



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Lindig, Eberhard

Club: Stadtilm
Number: 255

Course: 9.30 km
Kurze Strecke

Category:
Männer M55

Total time: 45:40

Speed: 11.82 km/h
Running performance: 4:55 min/km

Rank in course/Total: 66 (of 190)

Rank in course/Men: 59 (of 137)

Best time in course: 30:56

Rank in category: 8(of 16)

Best time in the category: 33:59