



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Griesbach, Thomas

Club: Ilmenau  
Number: 227

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M40

Total time: 45:55

Speed: 11.76 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 68 (of 190)

Rank in course/Men: 61 (of 137)

Best time in course: 30:56

Rank in category: 10(of 24)

Best time in the category: 33:07