



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Krannich, Steffen

Club: SG Altenfeld
Number: 355

Course: 9.30 km
Kurze Strecke

Category:
Männer M40

Total time: 46:46

Speed: 11.93 km/h
Running performance: 5:02 min/km

Rank in course/Total: 76 (of 190)

Rank in course/Men: 69 (of 137)

Best time in course: 30:56

Rank in category: 12(of 24)

Best time in the category: 33:07