



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Schellhardt, Mike

Club: Bruchstedter Lauffreunde  
Number: 328

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M20

Total time: 47:17

Speed: 11.42 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 78 (of 190)

Rank in course/Men: 71 (of 137)

Best time in course: 30:56

Rank in category: 12(of 20)

Best time in the category: 30:56