



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Gergs, Ralf

Club: Leipziger Triathlon e.V.
Number: 225

Course: 9.30 km
Kurze Strecke

Category:
Männer M35

Total time: 35:27

Speed: 15.23 km/h
Running performance: 3:49 min/km

Rank in course/Total: 8 (of 190)

Rank in course/Men: 8 (of 137)

Best time in course: 30:56

Rank in category: 2(of 12)

Best time in the category: 34:14