



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Frauendorf, Tina

Club: AST-Apolda  
Number: 448

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W20

Total time: 47:57

Speed: 11.26 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 84 (of 190)

Rank in course/Women: 10 (of 53)

Best time in course: 35:52

Rank in category: 3(of 13)

Best time in the category: 35:52