



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Gräfe, Thomas

Club: TSV

Number: 312

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 48:22

Speed: 11.16 km/h

Running performance: 5:12 min/km

Rank in course/Total: 91 (of 190)

Rank in course/Men: 80 (of 137)

Best time in course: 30:56

Rank in category: 15(of 24)

Best time in the category: 33:07