



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Stephan, Wolfhard

Club: LG Frauenwald
Number: 357

Course: 9.30 km
Kurze Strecke

Category:
Männer M50

Total time: 48:29

Speed: 11.14 km/h
Running performance: 5:13 min/km

Rank in course/Total: 92 (of 190)

Rank in course/Men: 81 (of 137)

Best time in course: 30:56

Rank in category: 4(of 9)

Best time in the category: 39:35