



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Neske, Raimund

Club: Feuerwehr Viernau  
Number: 326

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M45

Total time: 48:39

Speed: 11.47 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 93 (of 190)

Rank in course/Men: 82 (of 137)

Best time in course: 30:56

Rank in category: 8(of 12)

Best time in the category: 39:56