



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Steinbach, Jochen

Club: Sportteam-STEINBACH Meiningen
Number: 296

Course: 9.30 km
Kurze Strecke

Category:
Männer M50

Total time: 49:04

Speed: 11.01 km/h
Running performance: 5:17 min/km

Rank in course/Total: 96 (of 190)

Rank in course/Men: 85 (of 137)

Best time in course: 30:56

Rank in category: 6(of 9)

Best time in the category: 39:35