



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Raab, Marina

Club: LSV Lok Arnstadt
Number: 274

Course: 9.30 km
Kurze Strecke

Category:
Frauen W45

Total time: 49:29

Speed: 10.91 km/h
Running performance: 5:19 min/km

Rank in course/Total: 99 (of 190)

Rank in course/Women: 12 (of 53)

Best time in course: 35:52

Rank in category: 3(of 6)

Best time in the category: 41:20