



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Janköster, Katharina

Club: Bierbaumflitzer Lüdenscheid

Number: 1593

Course: 12.88 km

Nordic Walking

Total time: 1:42:31

Speed: 7.02 km/h

metres in height up: 459

Course score: 18.89

performance score: 149 Points