



### 3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

#### Detailed evaluation

**Jarnuczak,Rita**

Club: TV Grünenthal

Number: 1623

Course: 12.88 km

Nordic Walking

Total time: 1:52:51

Speed: 6.38 km/h

metres in height up: 459

Course score: 18.89

performance score: 135 Points